



## Contact



Annegret Steinmeyer  
Clinic chaplain, deaconess  
Tel.: 04 81 / 785 - 1120  
Mail: [asteinmeyer@wkk-hei.de](mailto:asteinmeyer@wkk-hei.de)



Astrid Buchin  
Pastor in Heide  
Tel.: 0170 / 638 11 92  
Mail: [buchin@kirche-dithmarschen.de](mailto:buchin@kirche-dithmarschen.de)



Tanja Sievers  
Pastor in Heide  
Tel.: 04 81 / 6 36 37  
Mail: [pastorin.sievers@kirche-dithmarschen.de](mailto:pastorin.sievers@kirche-dithmarschen.de)



Maïke Engelkes  
Clinic chaplain,  
Pastor in Windbergen  
Tel.: 01 51 / 46 67 39 64  
Mail: [engelkes@kirche-dithmarschen.de](mailto:engelkes@kirche-dithmarschen.de)

Orphaned parents e. V. and children's grief group  
via the Meldorf hospice association  
Tel: 04832/55000

[www.vesh.de](http://www.vesh.de)  
[www.verwaiste-eltern.de](http://www.verwaiste-eltern.de)

We would be happy to put you in touch with one  
a pastor you trust.

# „My baby is not alive anymore.“

Advice and support for parents whose child died  
in the womb or shortly after birth



PPP

## Dear Parents,

You found out that your baby has died. This flyer wants to support you and tries to provide answers to questions that are on your mind now.

Maybe you feel deep sadness now, maybe But your grief also takes time. many tell that the great emptiness came much later. Some also feel anger: anger against God and against The life. For many are happy at this time Parents with healthy children hard to bear. And again and again the question arises: why I? why my baby What I have done wrong? All of this is normal and completely understandable.

It is important that you take care of yourself now and take your time: time with your partner, time alone, time for conversations with people who are good listeners and are willing to share your feelings.

About 50 percent of all pregnancies end with a miscarriage. This number shows you that you are not alone, even if it says nothing about the personal situation of those affected.

Your fate touches us. That's why we want to try to comfort you and share your suffering - knowing that we can't take it from you.

*Deaconess Annegret Steinmeyer  
Clinic chaplain in the WKK Heide*

*Pastor Maike Engelkes  
Clinic chaplain in the WKK Brunsbüttel*

*Pastor Astrid Buchin*

*Pastor Tanja Sievers*

## This you have to decide...

- Would you like to see your baby again maybe you even want to take a picture of it?
- Are there people who should be notified right now that you would like to have by your side?
- Would you like to say goodbye to your child with a prayer and a blessing? We will be happy to help you with this.
- Do you want to give your child a name? You can have a birth certificate issued for your child, and this is also possible retrospectively. More info below [www.bmfsfj.de](http://www.bmfsfj.de), keyword „Star Children“.
- Would you like help, support, a conversation now? We are there for you if you need us. We would also be happy to put you in touch with the pastor of your choice.
- For several years now, the West Coast Clinic and the church district of Dithmarschen have ensured that all miscarriages and stillborn babies are buried at regular intervals in an anonymous burial ground by Heider pastors. This is also made possible for the (early) fetuses, so that they can find their final resting place and the parents have a place of farewell and mourning.

If you like, you will be invited to this and you can attend this funeral with your family and loved ones.

## This you should know...

- From the 20th week of pregnancy you have the right to aftercare by a midwife.
- In Heide there is an anonymous, lovingly designed burial ground in the southern cemetery, where miscarried and stillborn babies are buried. There are no costs or obligations for the parents.
- Burials in Heide take place on the second Wednesday of every even month (February, April, June, August, October and December) at 9 a.m. We invite you to the little celebration if you wish.
- In addition, there is a memorial stone for deceased children at the Marner cemetery, as well as the option of burying miscarried or stillborn babies on this stone, even if they are not subject to burial obligations. (Further information at [www.kirche-marne.de](http://www.kirche-marne.de) or from the Marne Cemetery Administration, Tel. 0 48 51 / 574)

